

**Scandinavian Middle School  
Physical Education  
2021-2022 Syllabus**

**Teacher:** Ms. Jacobsen

**Location:** Gym

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**Course Overview:**

Physical Education will teach students to learn skills pertaining to activity, portray good sportsmanship, and to pursue life-long health and wellness strategies. Emphasis will be placed on good decision making, healthy choices, positive behavior, and restorative practices.

**Objectives:**

Assignments will focus on developing elements of teamwork, personal discipline, and empathy/compassion in students. Activities will also enable students to better practice respect for others, personal & public property, and class/school expectations. Successful completion of this class will allow students to become empowered critical thinkers and students able to engage with others and their community in a positive way.

**Expectations:**

Students are to follow all expectations. Failure to do so will result in adverse consequences including, but not limited to: verbal warning, loss of daily points, call home to parents/guardians, meeting with parents/guardians and administration, detention, and possible suspension/expulsion.

- Students must dress-out, in uniform, every class session. Students may purchase clothing from PE Department or bring clothes from home. **Grey, Blue, Black Shirt and Shorts are acceptable.**
- Loaners will be available to borrow for the day. On the 4<sup>th</sup> time of borrowing clothes will result in Lunch Detention.
- Student will be given a locker once they have purchased a lock from PE Department or brought one from home.
- Students may NOT bring a cell phone or other mobile device to the gym, court, wrestling room, or field. Personal devices like cell phones are to be securely locked in student's assigned locker. Failure to comply with this expectation may result in the cell phone or mobile device being confiscated by the teacher/office.
- Students will Participate Daily to the best of their ability.
- Maintain a positive learning attitude and appropriate behavior in all classes.

**Attendance:**

Regular attendance at school and in class is expected in order to benefit from the full instructional time. Excused absences or tardiness must be cleared through the school's Main Office or student will be marked "unexcused absence/tardy." Students are to be in class, on time, every school day. Failure to report to class on time may lead to consequences, up to and including: verbal warning, a call being made home to your parent/guardian, detention, administrative action, and possible suspension/expulsion.

**Grading Scale:**

A 100 – 90

B 89 – 80

C 79 – 65

D 64 – 50

F 49 > Below

**Disclaimer:** The information and requirements set forth by this syllabus reserve the right to be changed or altered at any time during the school year as deemed necessary by course instructor and/or school and district mandates.